

The Team Weighs up

HOW TO GET THE MULTIDISCIPLINARY TEAM
WORKING TOGETHER MOST EFFECTIVELY

Date: Saturday 7th November 2009

Place: 433 Logan Rd Stones Corner, Brisbane

Time: 8.30am registration for 9.00am start – 4.00pm followed by AGM

Cost: \$100 (Earlybird by 16 October—full price \$125)

Register Online at www.changechampions.com.au

Topics

Review & Discussion:

- Review of Reports – *Weighing it up: Obesity in Australia & Australia the healthiest Country by 2020*

Interactive Multidisciplinary forums:

- Moving forward with implementation of the recommendations.
- Preparing the professions for effective action on obesity

Clinical Skill Development:

- Mindfulness in identifying & modifying eating scripts
- The role of hypnosis in managing obesity

Facilitators

Dr Andrew Galbraith—President OPATS

Santo Russo - Psychologist

George Blair—West

Amanda Clark - Dietitian

Nathan Reeves - Exercise Physiologist

Dr George Blair—West, Psychiatrist

Glenn Mackintosh, Psychologist

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